

## Presents:



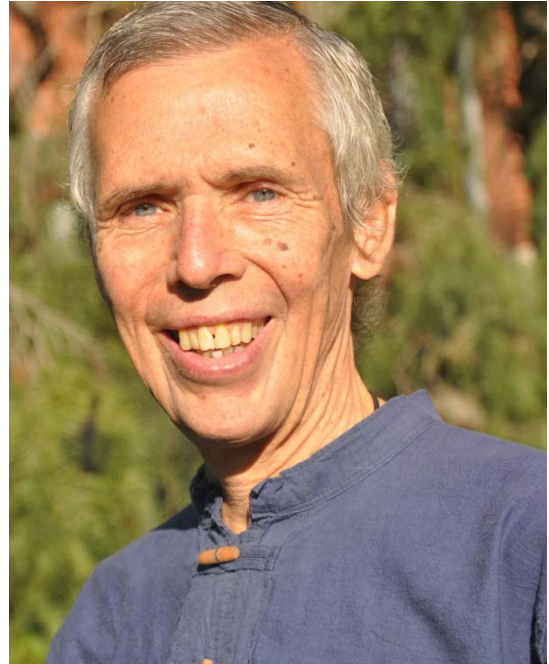
### BACK AND NECK PAIN Prevention and Relief Workshop

March 27, 2010  
444 14<sup>th</sup> St.  
Santa Monica, CA

10 AM to 4 PM *lunch is included*

Part 1 Back

Part 2 Neck



Presented by Steve Hamlin. He has over 11 years of working successfully with somatic interventions. This workshop was immensely popular in Amritapuri India!!

Based on the functional and educational approach of the Feldenkrais Method. **If you suffer from neck and back pain this workshop is for you!**

Bring a towel and a pillow. Wear loose clothing.

Special Discounted Rate JUST FOR THIS EVENT

Advance paid reservation \$70 on site \$75. Sign-up Now!

Visit: [www.amma.org/la](http://www.amma.org/la) online purchase. Email: [chetana@ammateam.org](mailto:chetana@ammateam.org)

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